

MARCH 2018

SOUTH BEND COMMUNITY SCHOOLS HEAD START/PRE-K

8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch
WG French Toast Sticks w/
Sausage
Potato Rounds
Pineapple Tidbits
Breakfast

Lunch
Baked WG Chicken Nuggets
WG Dinner Roll
California Blend
Cinnamon Applesauce

Lunch
Spaghetti & Meat Balls
WG Garlic Bread
Broccoli
Pears

Lunch
Manager's Choice
Hot Vegetable (MC)
Pineapple
Breakfast
Breakfast Wrap

Lunch
Cavatappi and Cheese
WG Dinner Roll
Broccoli
Applesauce
Breakfast
French Toast

Lunch
Chicken Fries w/Tri Tators
WG Dinner Roll
Diced Peaches
Breakfast
Taco to Go

Lunch
Taco Meat w/WG Taco Shell
Whole Kernel Corn
Mixed Fruit
Breakfast
Cereal

Lunch
Chicken Drumstick w/
Potato Rounds
WG Dinner Roll
Pineapple
Breakfast
WG Sausage Toast

Lunch
WG Pizza Dippers
Marinara Dipping Sauce
Garden Vegetables
Diced Pears
Breakfast
WG Breakfast Slider

Lunch
WG Bagel Dog
Baked Beans
Applesauce
Breakfast
Uncrustable

Lunch
WG Chicken Dippers W/Tomato
Parmesan Sauce
WG Dinner Roll
Green Beans
Diced Peaches
Breakfast: WG French Toast

Lunch
Pepperjack Cheese Burger on
WG Bun
Maple Baked Beans
Diced Pears
Breakfast
Cereal

Lunch
WG Mini Corn Dogs
Mashed Potatoes
WG Dinner Roll
Mixed Fruit
Breakfast
Mini Cinnamon Bagel

Lunch
WG Cheese Pizza
Broccoli
Applesauce
Breakfast
WG Breakfast Wrap

Lunch
Vegetarian Chili w/Beans
WG Cheezits
Whole Kernel Corn
Mixed Fruit
Breakfast
WG Mini Cinnamon Waffles

Lunch
Popcorn Chicken
w/WG Dinner Roll
Country Blend Vegetables
Diced Peaches
Breakfast
WG Mini Blueberry Pancakes

Lunch
Pepperoni Pizza
Broccoli
Applesauce
Breakfast
Cereal

Lunch
Chicken Tenders w/
Potato Wedges
WG WG Dinner Roll
Mixed Fruit
Breakfast
Eggstravaganza w/Toast

Lunch
Homestyle Salisbury Steak w/
Mashed Potatoes
WG Dinner Roll
Pineapple
Breakfast
Breakfast Wrap

Lunch

This institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades